

We are delighted to invite you to a webinar on



## Avoiding mental health issues - In spite of modern day stresses

Please join us on the evening of the **21st January** to learn  
more about the support offered by  
Vet Support Northern Ireland.

*Registration is essential to receive the login details*

*This webinar will NOT be available on demand*

*[Click here to register](#)*

**21st January 2021**

**7.45 PM - Virtual Meeting  
room opens**

**8 PM - Webinar starts**

**Q&A**

Vet Support Northern Ireland is committed to the emotional wellbeing of all members of the veterinary family and community in Northern Ireland. This service provides completely confidential support to any individual involved in the veterinary profession including vets, nurses and other practice staff and is delivered by vets and nurses specifically trained to offer this service. The peer support volunteers will provide a safe, empathetic, non-judgemental and confidential service.

For more information about the webinar please contact your local territory manager. To find out more about Vet Support please visit <http://www.vetsupportni.co.uk/> where the supporter's contact details are available. This invite should not be shared with anyone outside the Veterinary Profession and it is only for viewing by people who are vets, nurses or other practice staff within the profession.

[Please click here to register](#)

